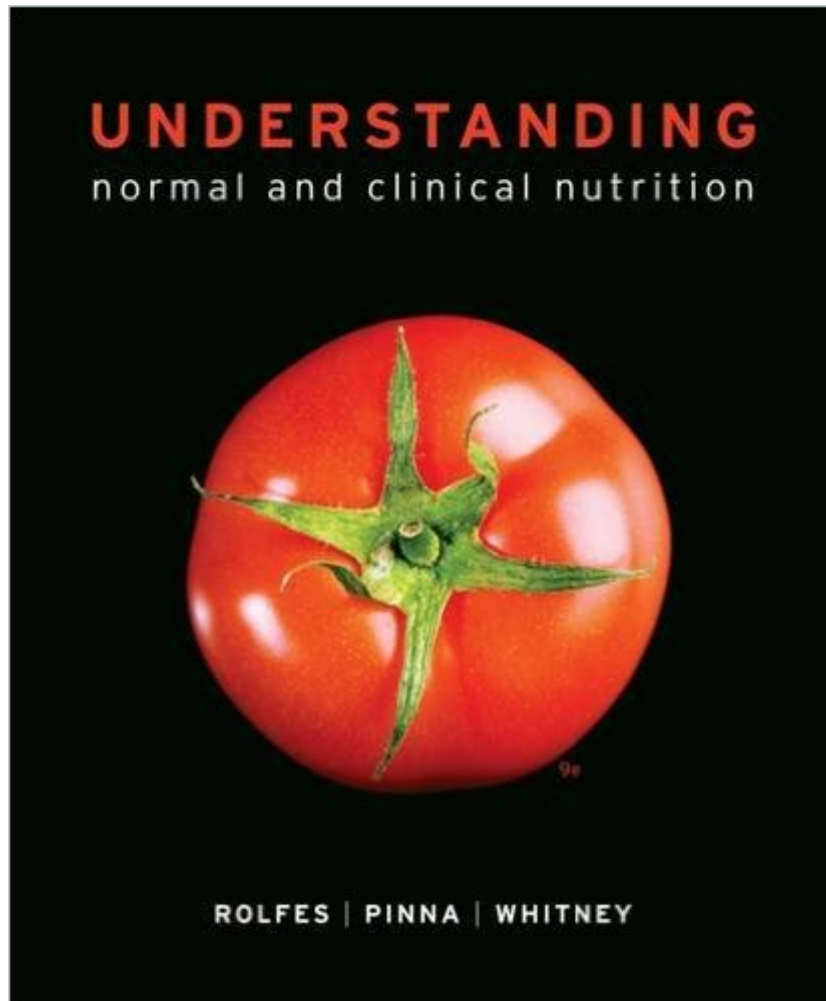


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# Understanding Normal And Clinical Nutrition



## Synopsis

UNDERSTANDING NORMAL AND CLINICAL NUTRITION, Ninth Edition, provides the most current and comprehensive coverage of the fundamentals of nutrition and nutrition therapy for an introductory course. The early chapters focus on "normal" nutrition, including digestion and metabolism, vitamins and minerals, and life cycle nutrition. The later chapters cover "clinical" nutrition--the pathophysiology and nutrition therapy for a wide range of medical conditions. The text integrates practical information and valuable resources to help students apply nutrition knowledge and skills to their daily lives and the clinical setting. Features, such as case studies, "How To" boxes with real-world examples, and study cards, help students apply the material and build their conceptual understanding. Regardless of the students' background, the consistent level, approachable narrative, and careful explanations in UNDERSTANDING NORMAL AND CLINICAL NUTRITION will engage students and enable them to be actively involved in the field of nutrition.

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (27 customer reviews)

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## Customer Reviews

I'm glad I was able to rent this text through , because it contains all the material for my Nutrition class for a great price! It has some wear and tear, but it is expected for an older edition.

This textbook is actually a really good read. I have been enjoying the way the authors put this book together. What's convenient about it too is that at the end of each chapter, there is a Highlights section that goes into further detail about the subject and applies it to real life.

I used the print version of the 8th edition for a class a couple years ago, but I didn't think I'd use it again and sold it. Now I'm taking a clinical nutrition course that uses the same textbook, so I decided to try out the Kindle version and save some money. I understand that there are differences in formatting between a print and Kindle version of a textbook, but the level of typos in this text are awful. It couldn't possibly have been proofread before publishing. Some of the essential formulas for calculating nutritional needs are indecipherable because symbols like = and \* have been somehow exchanged for 5's and other numbers. I've even noticed that entire segments are missing from the text. I hope they are only small segments, because I'll be really angry if it comes time to take the exams and they ask questions about information that was omitted from my Kindle textbook. My advice is to wait for publishers to work out the kinks in this, spend a little extra money on the print version, and sell the book back to when the course is over.

Good book, easy explanations. Bought the kindle version, and I liked it a lot. I was really impressed by the shorter sections explaining certain concepts and giving real-world examples. Made for good learnin'.

Let's be honest, NO ONE really wants this book (not an education major at least). Instead of being pimped by the College Edu system and purchasing/ renting from them, I rented from ! Best choice ever!!! No need to buy JUST RENT!! Save the box it comes in under your bed or something (just so that you have the perfect box for returning) .. Renting was easy, returning was even easier!

Extremely overpriced. The book is written matter-of-factly and in a somewhat condescending tone at times. Perhaps it would be better if I had a good professor.

This book is required reading but will also serve as a reference book throughout my career. VERY satisfied--just wish it wasn't so heavy.

This arrived on time and was in good condition. I got plenty of use out of this book and it's not hard to understand. Don't plan on carrying this around with you everyday that's for sure!

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